



المدرسة الهندية مسقط

INDIAN SCHOOL MUSCAT

(Affiliated to the Central Board of Secondary Education, New Delhi. Affiliation No. 6130001)

ص.ب: ٢٤٧٠، روي، الرمز البريدي: ١١٢، سلطنة عمان، هاتف: ٢٤٧٨٤٠٩٧، ٢٤٧٨٤٠٦٩، ٢٤٧٨٤٠٥٥، ٢٤٧٠٢٥٦٧، فاكس: ٢٤٧٩٤٩١٩
P.O. Box: 2470, Ruwi, Postal Code: 112, Sultanate of Oman - Tel.: 24784097, 24784069, 24784055, 24702567
Email: info@ismoman.com Website: www.ismoman.com



ISM/PRN/028/2026-27

April 19, 2026

CIRCULAR FOR ATHLETICS HOUSE SELECTIONS - CLASSES V TO XII

Dear Parent,
Greetings from Indian School Muscat!

We are pleased to inform you that the House SELECTIONS, as part of the Inter House Athletic meet, will be held on the school's main field starting from April 20, 2026. All the participants are requested to report to school in their house colours.

Please encourage your child to carry water and light snacks. For more details, you may contact Mr. Victor Paul Raj, Coach, Athletics at 79414649. A detailed schedule is given below.

PRE SENIOR & SENIOR (CLASS IX - XII)			TIME: 6:20 AM - 7:10 AM
SLNO	DATE/DAY	EVENT	CATEGORY
1	20/04/2026	100 M	ALL HOUSE BOYS & GIRLS
2	21/04/2026	400 M	ALL HOUSE BOYS & GIRLS
3	22/04/2026	200 M	ALL HOUSE BOYS & GIRLS
4	23/04/2026	800 M	ALL HOUSE BOYS & GIRLS
5	23/04/2026	3000 M	ALL HOUSE BOYS & GIRLS
6	26/04/2026	HIGH JUMP	ONLY GIRLS
7	27/04/2026	HIGH JUMP	ONLY BOYS
8	28/04/2026	LONG JUMP	ALL HOUSE BOYS & GIRLS
9	29/04/2026	TRIPLE JUMP & 1500 M	ALL HOUSE BOYS & GIRLS

SUB JUNIOR, JUNIOR & INTERMEDIATE (CLASS V - VIII) TIME: 5:00 PM - 6:30 PM			
SLNO	EVENT	DATE/DAY	CATEGORY
1	20/04/2026	50 M, LONG JUMP	SUB JUNIOR BOYS & GIRLS
2	21/04/2026	100 M	BOYS - ALL CATEGORY
3	22/04/2026	100 M	GIRLS - ALL CATEGORY
4	23/04/2026	200 M	JUNIOR & INTERMEDIATE - BOYS & GIRLS
5	26/04/2026	600 M, HIGH JUMP	SUB JUNIOR BOYS & GIRLS, INTERMEDIATE - BOYS
6	27/04/2026	400 M, HIGH JUMP	JUNIOR & INTERMEDIATE BOYS, INTERMEDIATE - GIRLS
7	27/04/2026	400 M, BALL THROW	JUNIOR & INTERMEDIATE GIRLS, SUB JUNIOR BOYS & GIRLS
8	28/04/2026	800 M, LONG JUMPS	JUNIOR & INTERMEDIATE BOYS & GIRLS, GIRLS - ALL CATEGORY
9	29/04/2026	LONG JUMP	BOYS - ALL CATEGORY

Kind regards,

Rakesh Joshi
Principal

